



CYCLE INFORMATION MAP & GUIDE

Cycling Routes Available

There are numerous variations and routes around the Park which can be varied depending on your hire time and how fast or hard you would like to pedal. The main circular trail route is the Tamsin Trail which is a 12km shared leisure path around the Park.

Cycle Safety

Wear our free helmet. Keep to the speed limits. Ride on designated paths and roads only. Secure luggage and bags correctly. Don't leave the park. Let pedestrians on trails know you are there with a bell or a polite greeting. Watch out for vehicles, even when the park is closed to other traffic. Be wary of free-roaming deer, other wildlife and dogs.

Check the map where hazards and risks are marked.
Know how to brake safely before you leave the car park!

Hire Conditions

Hirers should be over 18; An ID as security deposit is required (card / driving licence / passport) or lodge £100. Max hire time is 4 hours. Children over 1 only.

Important Hire Information

By signing the hire ticket, you accept all the terms and conditions of the hire and the rules of cycling of The Royal Parks and Parkcycle.



Test Ride You have 10 minutes to test and swap the bike(s) if you are unhappy. If the bike(s) is / are changed then the hire start time will be adjusted.



Late Return Charge A surcharge will be made if the bikes are returned late. The charge is by quarter hour periods based on the first hour's hire charge.



No Refund No refunds / credits are given for the EARLY return of bike(s).



No Skidding of Bikes Damage resulting from skidding or mistreatment of bikes will be charged for.

(see website for full terms and conditions)

KEY

- Cycle Path
- Road
- Car Park
- Toilets
- Disabled Toilet
- Café / Hot Food
- Coffee Kiosk
- Steep Hill
- Risk of Falling
- Caution Trailers & Tag-Alongs

CONDUCT

- SHARED PATHS**
Slow down, ring bell or say "excuse me" when passing
SUPERVISE CHILDREN
- KEEP TO DESIGNATED CYCLE TRAILS AND ROADS**
You may be fined £60 by the park's Police if you cycle off road/trail/on grass
- 10 MPH**
Keep to speed limits (you may be fined)
- NO CYCLE ROUTE**
(No route to Pen Ponds)
- DO NOT SKID BIKES**
Damage will be charged





Accidents and Emergencies

For emergency services call 999 or for non-emergency police call 101.
Please inform the cycle hire shop 020 8878 2519.

Breakdowns

There is no recovery service; customers are responsible for the return of the bike to the Parkcycle unit. Call for advice only 020 8878 2519.

Route Planning

We have 12 suggested routes for you with three levels of difficulty on each hire length option. You can download the routes from the website to your phone by following the Quick Link.

<http://www.parkcycle.co.uk/maps.aspx>

Route Number	Suitable For	Time	Dist (km)	Pace / Terrain	
1	ALL Families, Children Less Able, Leisure	1 Hr	5km	Easy / Easy	<p>Child Safety</p> <p>For baby seats and trailers; keep to weight limits; straps to be used at all times.</p> <p>Children should wear helmets at all times on bikes, tag-alongs, trailers, baby seats and tandems.</p> <p>Do not speed. Always cycle with caution.</p>
2		1 Hr	6km	Easy / Undulating	
3		2 Hrs	8km	Easy / Undulating	
4		2 Hrs	9km	Easy / Undulating	
5	ALL Families, Children Good Exercise	1 Hr	9km	Easy / Undulating	
6		1 Hr	9km	Moderate / Undulating	
7		2 Hr	12km	Moderate / Hilly	
8		2 Hr	13.5km	Steady / Hilly	
9	FITTER RIDERS Not suitable for children, tag-alongs or trailers	1 Hr	12km	Steady / Undulating	
10		1 Hr	12km	Steady / Hilly	
11		2 Hr	15km	Steady / Hilly	
12		2 Hr	17km	Steady / Hilly	